### Perioperative Services:



Where Engagement = Growth

Jeff Peters, MBA

CEO, Surgical Directions

**Barry Highsted, RN** 







Why Engagement Works



Case Study:
Perioperative Services –
East Coast Hospital



Engagement Process: Governance Information Process Improvement

### What is Engagement?



Successful health systems know how to engage physicians, staff and patients in a meaningful way in order to achieve change on all levels.

They know that people want to participate in change and also want to be heard.

They are aware that participation in transformation design builds commitment to successfully overcome barriers to delivering lasting cultural change.



#### Why Focus on Perioperative Services?

- Perioperative Services are key to a hospital's success!
  - Over 60% of high performing hospitals' revenue
  - Successful systems under Value-Based Purchasing / ACO provide both surgeons and payers with more value for surgical services

$$Value = \frac{Outcomes}{Cost}$$





# The Changing Environment Continues to Impact Perioperative Services

Surgical reimbursement will move to bundles among commercial payors

Restrictions on physician-owned hospitals will be relaxed

Technology advances will require significant capital investments to stay competitive

Movement toward employed surgeons will continue

Surgery will continue to move to an ambulatory setting



#### **Ambulatory Surgery Center Growth**

- 80% of most surgeries can be done on an ambulatory basis
- Pain management advances are increasing the movement to ambulatory surgery
- Engagement is vital to success











#### Situation

- Surgeons dissatisfied with OR efficiency
- Only 2/3 of Cases Start On Time
- Long Turnover Times

#### Solution

- Strengthened Governance
- Upgrade Pre Anesthesia Testing
- Establish Daily Huddle Through Our Proven Methodology
- > Anesthesia Leadership Role

#### Results

- Turnover Times Reduced by Nearly 50%
- OR Utilization Increased to 75%
- 23% Growth in Surgical Volume

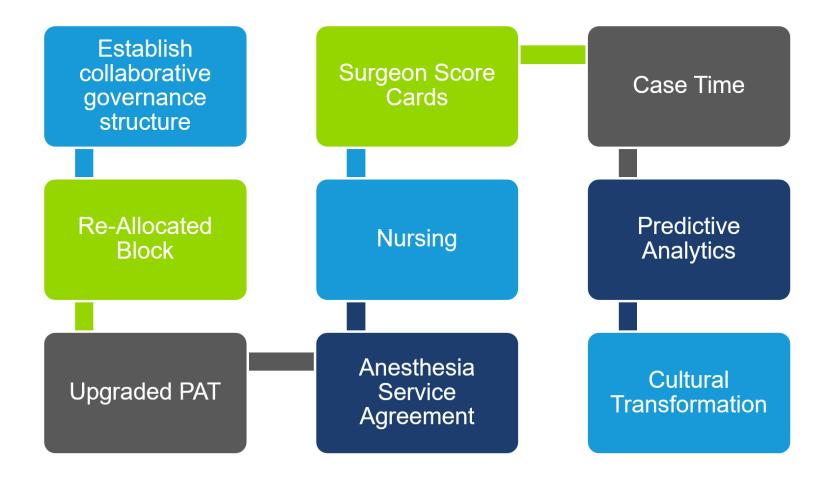


#### Client Had Opportunities for Improvement

Metrics	Benchmark	Client	Rating
Block Utilization	8 hour block plus open time; 65% - 75% raw utilization	Blocks in various increments 62% raw utilization	
Cases per OR	22.2% x 950 = 211 77.8% x 1400 = 1089 Total = 1300 cases per OR	20,141 / 25 = 806 cases per OR  * Excludes NORA Procedures	
Turnover Time	IP: 20 – 30 minutes OP: 10 – 20 minutes	IP: 52.72 minutes OP: 30.97 minutes  * Main OR (GOR ) Only	
First Case On-Time starts	90% or greater within 5 minutes of start time	79.9%	
Day of Surgery Cancellations	< 1%	8.37%	
Add-Ons	< 20%	12.9%	

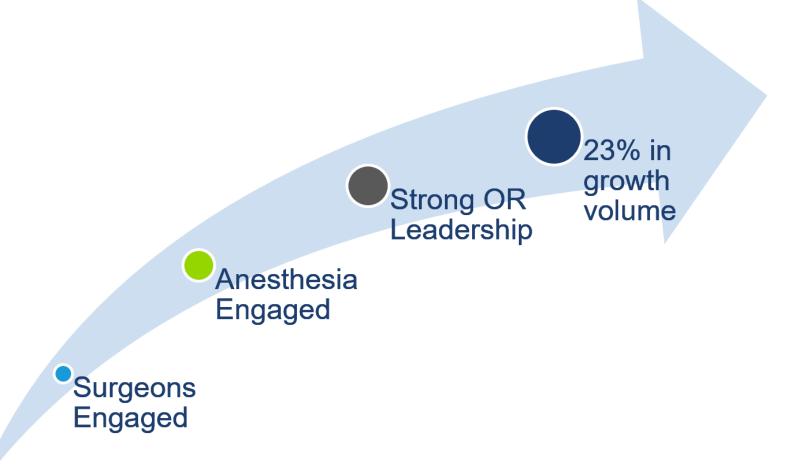


#### **Transformation Pathway**





### **Impact**





The Engagement Process



### Governance



#### **Collaborative Governance**

Strengthen the perioperative governing body to align incentives for all aspects of Perioperative Services

Surgical Leadership OR Nursing Leadership

Anesthesia Leadership Sr. Hospital Leadership



Surgical Services Leadership Committee (SSEC)

- Chaired by Medical Director(s) of Perioperative Services
- Administration-sponsored Surgery Board of Directors
- Controls access and operations of OR
- Sponsors and directs Perioperative team activity



#### What is the HUDDLE?

Participants from Anesthesia, Nursing, Pre-Anesthesia Testing and Sterile Processing gather daily to discuss and review the day's plan of action.

- **U** United
- D Daily (To Make)
- **D** Decisions
- L Leading to
- **E** Excellence

#### PROBLEM/OPPORTUNITY LIST

- 1. Recap of previous day
- Total Cases for Next Days Out:PAT and Scheduling Completion
- 3. Review of Schedule
- 4. Total Number of Anesthesia Providers to Start Day
- 5. PAT Problem Review
- 6. Antibiotics Review
- 7. Review Pending Action Items



## Information



#### Information is Power

It's the key to engaging leadership, physicians, nurses and staff.

Information provides insight and a new perspective for examining issues.

Advanced analytics provide information on how to improve outcomes while optimizing cost in the following areas:

- Block time & scheduling
- Labor & productivity
- Anesthesia costs
- Nursing costs
- Clinical outcomes





#### Advanced Analytics in Perioperative Services

Advanced Analytics improve outcomes while optimizing costs



**Block Time & Scheduling** 



**Nursing Costs** 



**Labor & Productivity** 



**Clinical Outcomes** 



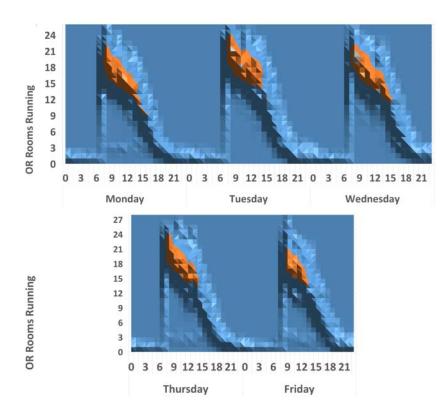
**Anesthesia Costs** 



#### Why is Efficient Block Scheduling Important?

- Establishes "draw down" and optimizes room utilization
  - 2.5 FTE / Room
  - Approx. \$300,000 Anesthesia cost
- Reduces costs from having under-utilized rooms

Reduces cost per occupied bed



**Figure 1.** Heat mapping the operating room aids in visualizing peak operating hours and helps to minimize non-productive time.



#### **Effective Block Design**

- Goal is to maximize access for the most productive surgeons
- Block forecasting correlates physician practice patterns to precisely match demand for block
- Advanced models also allocate appropriate time for urgent, emergent and electively scheduled cases
  - Drastically reduces overtime expense and improves throughput
  - Maximizes need for additional resources after hours
- Hospitals use this schedule to forecast ICU admissions and efficiently manage beds



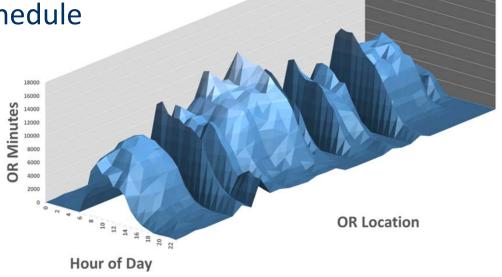
#### Block Scheduling by Forecasting Demand

- Helps to load balance in the OR
- Improves surgeon access

Incorporates physician practice patterns in the model

Minimizes interference with clinical schedule

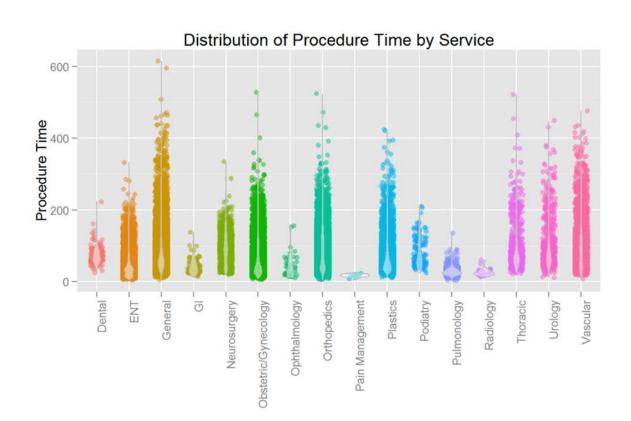
- Reduces overtime cost
  - Provides "wiggle room"





#### Accurate Scheduling is Critical

- Helps control labor costs
  - Reduces day-to-day variability in schedule
  - Provides sufficient notice of gaps or complex case





### Performance Improvement

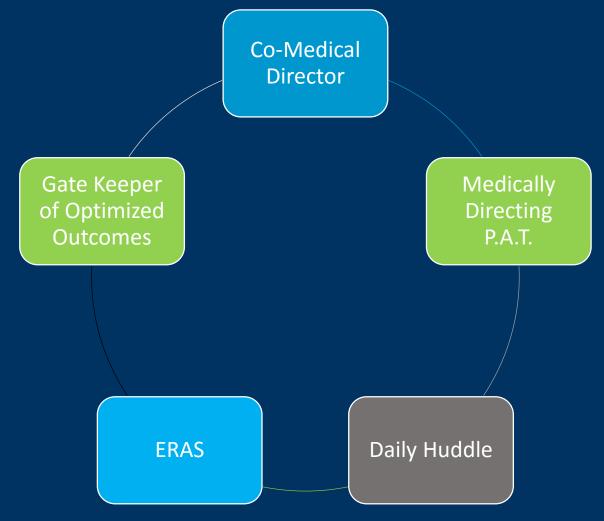


Process Improvement Team:

Anesthesia



### Anesthesia Service Agreement: Aligning Incentives to Drive Engagement

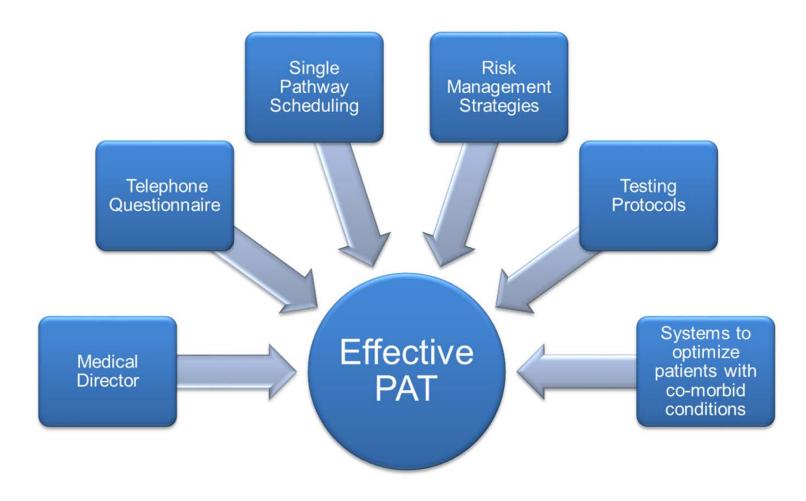




Process Improvement Team:
Pre-Anesthesia Testing



#### Pre-Anesthesia Testing



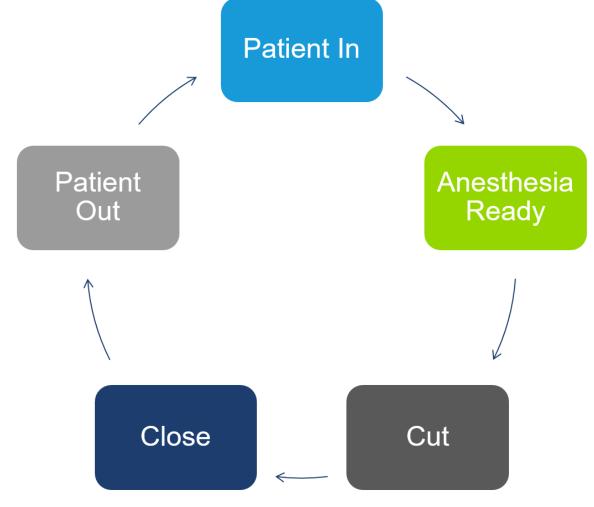


Process Improvement Team:

Efficiency



#### Case Time Data: Driving Organizational Change





#### Reduce Case Time

Surgeon in PA and tech Reduction Anesthesia of items on room when set-up for Turnover Information preference patient is in complex preference teams cards procedures cards room



#### OR Case Time Variance By Procedure

OR Case Time Variance by Procedure Orthopaedic Surgery Department HJD Cases Fiscal Year Period Comparison

#### MEDIAN CASE TIME BY PROCEDURE

Focus Procedure	Year of Procedure Date	Number of Records	Total Case Time									
	FY 2012	655	175	24		14	10		86		31	2
REPLACEMENT HIP TOTAL	FY 2013	1,070	164	19		19	8	77	,		34	
	FY 2014	1,030	155	17		21	5	69		37		
REPLACEMENT KNEE TOTAL	FY 2012	591	177	30	)	13	2 10		84		31	
	FY 2013	960	163	26		15	7	74	1		30 2	
	FY 2014	813	153	23		17	5	68		31		
ACL RECONSTRUCTION	FY 2012	111	139	19	9	6		92		10		
	FY 2013	151	148	18	-12	2 6		91		1	8	
	FY 2014	121	154	17	12	5		83		22		
ACL	FY 2012	27	154	18	9	6		1	111		12	
RECONSTRUCTION	FY 2013	36	142	19	10	5		87		15		
W/MENISCAL REP	FY 2014	15	131	15	12	6		78		20 2		
	FY 2012	124	121	17	- 1	6 7		57	20			
DISCECTOMY LUMBAR POSTERIOR	FY 2013	159	121	16	- 1	7 4		52	24			
LOMBAN POSTERION	FY 2014	148	123	15	2	0		54	27			
REPAIR ROTATOR CUFF	FY 2012	177	110	20	8	7		62	10			
	FY 2013	273	122	19	1.	2 5		64	13			
	FY 2014	265	116	18	12	2 5		65	13			
				0				60	e (in Minutes	120		



OR Discharge Ready : Patient Out
Incision Close : OR Discharge Ready
Incision Start : Incision Close
Prep End : Incision Start
Prep Start : Prep End
Patient in : Prep Start

#### Case Study - Impact

#### Surgeons Engaged

- Increased OR Volume
- Increased Satisfaction

#### Anesthesia Engaged

Improved efficiency

#### Strong Leadership

Nursing Director and Co-medical directors own daily operations

#### **Profitability**

- Hospital well-positioned and functioning efficiently
- \$20M Improvement





Surgery is Moving to Bundled Payment TJK, Spine and Proctectomy on an Ambulatory Basis



### What is Included in the Target Price?

Any services 72 hours prior to admission

- > PAT
- > Physicians Visits
  (Surgeon & Other)





Any services during the acute stay

- ➤ Hospital
- Surgeon
- Anesthesiologist
- Physician Visits (Surgeon &Other)





Any services during the 90day post-acute period

- Inpatient Rehab
- Skilled Nursing Facilities & LTACH
- Home Health Agencies
- Physician Visits (Surgeon & Other)
- Lab Services
- Outpatient Therapy Services
- Part B Drugs
- > DME
- Readmissions

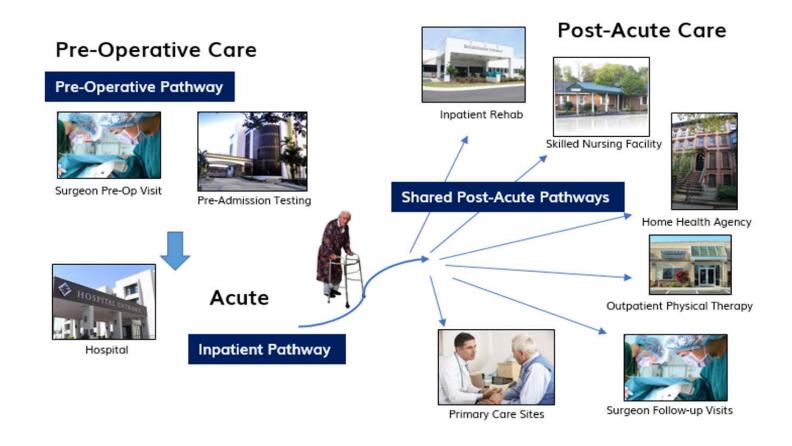
Days 90 - 120

CMS will be monitoring the period immediately following –

to ensure
that services
are not
being
shifted
outside the
bundle.



## Physician & Staff Engagement is Key to Clinical Redesign

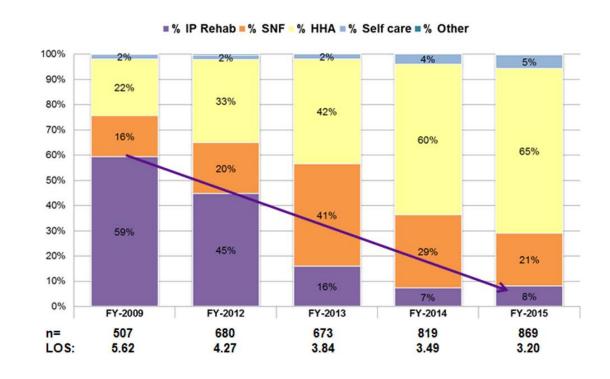




### Surgeons Impact on Discharge Disposition

40-50% cost post discharge.

Need to discharge great % patient to home for success.





a **MEDNAX** Company

Based on Medicare claims data Fiscal Year: Sept.1 – Aug. 31

#### Physicians Respond to Metrics

		Volume		Mortality		30 Day Readmissions		Complications		LOS		Direct Cost per Case	
		PY13	PY15 YTD	PY13	PY15 YTD	PY13	PY15 YTD	PY13		PY13	PY15 YTD	PY13	PY15 YTD
	Organization	2,180		0.27%	0.08%	5.25%	3.62%	9.99%	7.65%	3.34	2.58	\$12,041	\$10,874
	Benchmark*	N/A		0.10%		3.65%		10.69%		3.24		N/A	
	Dr. A	516	276	0.00%	0.00%	3.11%	2.84%	7.36%	3.21%	2.75	1.46	\$11,899	\$11,878
	Dr. B	338	201	0.00%	0.30%	6.51%	2.79%	10.36%	6.94%	3.34	2.45	\$12,092	\$11,286
	Dr. C	341	237	0.59%	0.00%	3.54%	3.25%	6.73%	5.26%	3.51	2.68	\$12,855	\$11,159
TKA/THA	Dr. D	309	205	0.32%	0.00%	4.22%	4.68%	11.65%	6.71%	3.05	2.50	\$9,932	\$8,459
INMITTE	Dr. E	236	92	0.42%	0.00%	9.79%	4.35%	15.25%	18.99%	3.86	2.82	\$14,038	\$11,091
	Dr. F	8	2	0.00%	0.00%	0%	0%	0.00%	0.00%	3.13	2.50	\$10,653	\$11,973
	Dr. G	75	33	0.00%	0.00%	3.33%	4.69%	8.00%	7.41%	3.25	2.96	\$12,191	\$11,425
	Dr. H	60	50	0.00%	0.00%	11.67%	2.00%	10.17%	4.88%	3.69	2.93	\$12,059	\$12,617
	Dr. I	37	17	0.00%	0.00%	5.41%	0%	2.70%	14.29%	2.54	2.64	\$9,751	\$11,950
	Dr. J	65	43	1.59%	0.00%	2.31%	6.98%	12.70%	8.82%	3.27	2.84	\$10,315	\$8,548

\$1,175,000 savings



<sup>\*</sup>Benchmark based on Premier Top Performing Hips/Knees Centers

### Questions?



#### Thank you!



Jeff Peters

CEO jpeters@surgicaldirections.com 312-330-6800



**Barry Highsted** 

Director, Perioperative Nursing
<a href="mailto:bhighsted@surgicaldirections.com">bhighsted@surgicaldirections.com</a>
858-205-7710

Visit us at:
Surgical Directions
or on



